

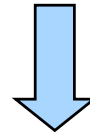
# CO-HOUSING

Some experiences in the region  
Emilia-Romagna and Lombardia

# Project MORE for STUDENTS

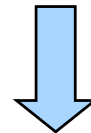
## 2 NEEDS

1. Increasing number of students enrolled at the University of Modena and Reggio Emilia coming from other Italian regions and from abroad



**NEED of an accommodation in town**

2. Increasing number of active seniors living alone in big houses



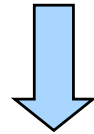
**NEED of help from a social and emotional perspective**

# Project “always welcoming”

- Development of path **to valorise** the involved people (students and elderly) through a **generation exchange**
  - Students enrolled at MORE University can rent a room (with kitchen and private bathroom) at a very competitive price
  - Active seniors can host a students who can contribute to the costs of the house management and can spend some time with the elderly person

# Partners of the project

- Local public authorities (Municipality of Reggio Emilia and Modena)
- MORE University
- Regional agency for students' rights
- Elderly associations



To facilitate the project (interviews with elderly and students)

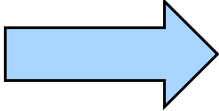
# How to find a good cohousing partner?

- **ELDERLY – interviews made by associations**
  1. Why are you interested in hosting a student?
  2. What are you expecting from this co-housing experience?
  3. Which are your main worries?
  4. How do you spend one of your “normal” day?
  5. What do you like and dislike in the behaviour of a person?
  6. What do your relatives (children, brothers/sisters) think about the choice to be a co-houser?
  7. Would you like to host foreign students or only Italians?

# How to find a good cohousing partner?

- **YOUNG PEOPLE** – Interviews held by the Regional agency for students' rights on the reasons of this choice, of their behaviours, on the will to spend some time with the senior co-houser...

# Charter of the senior and the student

- To establish with the co-houser relations based on the dialogue and reciprocal attention  6 key words
  1. Respect
  2. Carefulness
  3. Tolerance
  4. Kindness
  5. Solidarity
  6. Civility

# Results year 2009-2010

- Not very good results

13 interviewed students

9 interviewed seniors

6 implemented co-housing

2 co-housing stopped during the first month

# Follow up

- MORE University will try to create a Network among other cities in the region Emilia-Romagna in order to share the experience and to try to propose a new project

# “Take a student at home” project

- Experience in Milan
- Started in 2004
- Good results
- Follow-up with other activities

# “Take a student at home” project

- In 2004 only one University now four Universities are involved in the project
- Results:
  - 161 co-housing experiences with a length of 18-22 months
  - 652 seniors and 1678 students interviewed
  - Typical co-housers: women 70-75 years old and female student around 22 years old

# Follow-up

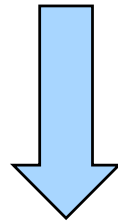
- To enlarge the target of co-housers to university researchers and nurses
- To define better the interview questionnaires on the base of the experience with students
- To involve only some parts of the city of Milan as pilot project

# Parma Social Housing – a different perspective

- Idea of co-housing in a same building or district among different types of disadvantaged citizens: *immigrants, seniors, people with economic problems, young couples, families with children and only a parent*
- People with different housing needs in terms of number of rooms

# Objectives

- To encourage the development of social relations
- To learn from other ages and culture perspective
- To promote integration and social inclusion
- To avoid ghettoisation of particular category of citizens



Improving and strengthening people's conditions, by encouraging the establishment of a decorous social and housing context, within a strong human and community framework



THANK YOU FOR YOUR  
ATTENTION